

## All-A-Flutter Farms | Plant Availability 2023

### Early Spring 2023 Availability:

#### **Virginia Iris**

Plant Specifications: \$16.00 each

**Botanical Name:** Iris Virginica

**Zone:** 5-9

**Height Average:** 2-3ft

**Average Width:** 2-3ft

**Habit:** Perennial

**Culture:** Full Sun, will tolerate part shade

**Flower:** Vibrant blue blooms late Spring through Summer

**Comments:** NC Native, Deer resistant, provides early color for gardens in Spring



### Spring 2023 Availability:

#### **Caterpillar Castle Life Cycle Kits:**

\$34-\$65 each (order online today)

Caterpillar Castles are the perfect fun, educational, & environmentally friendly project! Done indoors - everything you need to grow monarch butterflies in your home or classroom is included with our all-natural kit. Now accepting orders for Spring pick up. Classroom orders are fulfilled first to ensure students have enough time to view the life cycle prior to Summer break.



## Swamp Milkweed:

Plant Specifications: \$14.00 each

**Botanical Name:** Asclepias Incarnata “Swamp Milkweed”

**Zone:** 3a-8b

**Height Average:** 4-6ft

**Spread:** 15-18 “

**Habit:** Perennial

**Culture:** Full Sun, will tolerate part shade

**Flower:** Beautiful lavender flowers, blooms all Summer

**Comments:** Non-invasive, long bloom period, monarch host plant



## ‘Pink Delight’ Butterfly Bushes:

Plant Specifications: \$18.95 each

**Botanical Name:** Buddleia “Pink Delight”

**Zone:** 5-9

**Height Average:** 3-5ft

**Average Width:** 3-5ft

**Habit:** Perennial

**Culture:** Full Sun, will tolerate part shade

**Flower:** Vibrant & fragrant blooms all Summer

**Comments:** Butterfly nectar plant, deer resistant, rabbit resistant



## Echinacea ‘Double Scoop Cranberry’

**Aka Cone Flower**

Plant Specifications: \$18.95

**Zone:** 4-9

**Height Average:** 1-2ft

**Average Width:** 1-3ft

**Habit:** Perennial

**Culture:** Full Sun

**Flower:** Profusion of unique cranberry red blooms, compact blooms – blooming Summer through Fall

**Comments:** Butterfly nectar plant, deer & rabbit resistant, drought tolerant



## Bee Balm 'Bee Happy'

Plant Specifications: \$17.00 each

**Zone:** 5-9

**Height Average:** 15-18"

**Spread:** 12-15"

**Habit:** Perennial

**Culture:** Morning Sun, afternoon shade

**Flower:** Bright red/pink flowers

**Comments:** Bees, butterflies, and hummingbirds can't resist their sweet nectar and fragrance. Even the foliage has a minty-basil scent! They do have the ability to spread, working wonderfully as a low mounding ground cover.



## Swamp Sunflower

Plant Specifications: \$16.00 each

**Botanical Name:** Helianthus Angustifolius

**Zone:** 5-9

**Height Average:** 3-7ft

**Spread:** 4-6ft

**Habit:** Perennial, low maintenance

**Culture:** Full Sun, will tolerate part shade

**Flower:** Massive, vibrant 'daisy like' blooms

**Comments:** Non-invasive, deer resistant, fantastic nectar plant, blooms through late Summer/early Fall - perfect for migratory monarchs. Farm Favorite!!



## 'Wisteria Lane' Butterfly Bushes

Plant Specifications: \$18.95 each

**Botanical Name:** Buddleia 'Wisteria Lane'

**Zone:** 5-9

**Height Average:** 2-3ft

**Average Width:** 3-4ft

**Habit:** Perennial

**Culture:** Full Sun, will tolerate part shade

**Flower:** Vibrant & fragrant lavender blooms Summer – early Fall

**Comments:** Butterfly nectar plant, deer resistant, rabbit resistant





## **Vitex 'Shoal Creek':**

Plant Specifications: \$18.95 each

**Zone:** 6-9

**Height Average:** 10-12ft (at maturity)

**Spread:** 10-12ft (at maturity)

**Habit:** Perennial

**Culture:** Full Sun

**Flower:** Vibrant fragrant purple blooms

**Comments:** Versatile plant that can be trained as a shrub or tree



## **'Ellen's Blue' Butterfly Bushes**

Plant Specifications: \$18.95 each

**Botanical Name:** Buddleia 'Ellen's Blue'

**Zone:** 5-9

**Height Average:** 4-6ft

**Average Width:** 4-6ft

**Habit:** Perennial

**Culture:** Full Sun, will tolerate part shade

**Flower:** Vibrant & fragrant blue blooms Summer through Fall

**Comments:** Butterfly nectar plant, deer resistant, rabbit resistant



## **'Black Knight' Butterfly Bushes**

Plant Specifications: \$18.95 each

**Botanical Name:** Buddleia 'Black Knight'

**Zone:** 5-9

**Height Average:** 4-8ft

**Average Width:** 3-5ft

**Habit:** Perennial

**Culture:** Full Sun, will tolerate part shade

**Flower:** Vibrant, fragrant, & Regal dark purple flower spikes. Blooms Summer through Fall

**Comments:** Butterfly nectar plant, deer resistant, rabbit resistant



## **'Buzz Sky Blue' Butterfly Bushes**

Plant Specifications: \$18.95 each

**Botanical Name:** Buddleia 'Buzz Sky Blue'

**Zone:** 5-9

**Height Average:** 2-3ft

**Average Width:** 2-3ft

**Habit:** Perennial

**Culture:** Full Sun, will tolerate part shade

**Flower:** Large dense, fragrant, delectable violet-blue flower panicles on a tidy, compact plant. This series of Buddleia blooms continuously throughout the summer. A prolific bloomer - perfect carefree specimen for warm, sunny, borders, beds, and containers.

**Comments:** Butterfly nectar plant, deer resistant, rabbit resistant. Very little pruning necessary. Deciduous.



## **'Neon Flash' Spirea**

Plant Specifications: \$16.00 each

**Botanical Name:** Spirea 'neon flash'

**Zone:** 4-9

**Height Average:** 2-3ft

**Average Width:** 2-3ft

**Habit:** Perennial

**Culture:** Full Sun, will tolerate part shade

**Flower:** Bright neon red flowers appear over a long period and are offset by a neat mound of rich green foliage that becomes dark burgundy in fall.

**Comments:** Butterfly nectar plant, deer resistant, rabbit resistant. Creates a colorful low hedge or mass planting. Deciduous.



## **Caryopteris 'First Choice'**

Plant Specifications: \$16.50 each

**Zone:** 5-9

**Height Average:** 2-3ft

**Average Width:** 2-3ft

**Habit:** Perennial

**Culture:** Full Sun, low maintenance, drought tolerant

**Flower:** Vibrant & fragrant blooms all summer & early fall

**Comments:** Butterfly nectar plant. 'First Choice' is a newer selection with particularly deep blue flowers and a more compact mature size than other varieties.





## Summer 2023 Availability:

### Swamp Milkweed:

Plant Specifications: \$14.00 each OR 4" pots for \$8.50 each (8 pack for \$64.00)

**Botanical Name:** Asclepias Incarnata "Swamp Milkweed"

**Zone:** 3a-8b

**Height Average:** 4-6ft

**Spread:** 15-18 "

**Habit:** Perennial

**Culture:** Full Sun, will tolerate part shade

**Flower:** Beautiful lavender flowers, blooms all Summer

**Comments:** Non-invasive, long bloom period, monarch host plant



--Here down, mix & match 4" pot varieties, 8 pack \$80.00--

### 'Chrysalis White' Butterfly Bushes

Plant Specifications: \$18.95 each OR 4" pots for \$10.25 each (8 pack for \$80.00)

**Botanical Name:** Buddleia Hybrid 'Chrysalis White'

**Zone:** 5-9

**Height Average:** 2ft

**Average Width:** 2ft

**Habit:** Perennial

**Culture:** Full Sun, will tolerate part shade

**Flower:** Bred and selected for its abundance of flowers that attracts butterflies. Compact series provides continuous blooming from Spring through late Summer.

**Comments:** Attracts Bees, Attracts Butterflies, Deer Resistant, Attracts Hummingbirds, Low Maintenance, Frost Tolerant



### 'Millennium' Allium

Plant Specifications: \$16.00 each OR 4" pots for \$10.25 each (8 pack for \$80.00)

**Botanical Name:** Allium Hybrid 'millennium' – ornamental onion

**Zone:** 4-8

**Height Average:** 2ft

**Average Width:** 2ft

**Habit:** Perennial

**Culture:** Full Sun, will tolerate part shade

**Flower:** Its globe-shaped, rosy-purple flowers add a perky, colorful focus to your summer garden

**Comments:** Butterfly nectar plant, deer resistant, rabbit resistant



## **‘Chrysalis Cranberry’ Butterfly Bushes**

Plant Specifications: \$18.95 each [OR 4” pots for \\$10.25 each \(8 pack for \\$80.00\)](#)

**Botanical Name:** Buddleia Hybrid ‘Chrysalis Cranberry’

**Zone:** 5-9

**Height Average:** 2ft

**Average Width:** 2ft

**Habit:** Perennial

**Culture:** Full Sun, will tolerate part shade

**Flower:** Bred and selected for its abundance of flowers that attracts butterflies. Compact series provides continuous blooming from Spring through late Summer.

**Comments:** Attracts Bees, Attracts Butterflies, Deer Resistant, Attracts Hummingbirds, Low Maintenance, Frost Tolerant



## **‘Baby Joe’ Dwarf Eupatorium**

Plant Specifications: \$16.00 each [OR 4” pots for \\$10.25 each \(8 pack for \\$80.00\)](#)

**Botanical Name:** Eupatorium Dwarf ‘baby joe’

**Zone:** 4-8

**Height Average:** 2-3ft

**Average Width:** 2-3ft

**Habit:** Perennial

**Culture:** Full Sun, will tolerate part shade

**Flower:** Vibrant & fragrant blooms all Summer to early Fall

**Comments:** Eupatorium are great perennials to add stature to the back of the border without ever needing to be staked. An excellent performer providing lots of summer color





## **‘American Gold Rush’ Black eyed Susan**

Plant Specifications: \$18.00 each **OR 4” pots for \$10.25 each (8 pack for \$80.00)**

**Botanical Name:** Rudbeckia ‘American Gold Rush’

**Zone:** 4-9

**Height Average:** 2-3ft

**Average Width:** 2-3ft

**Habit:** Perennial

**Culture:** Full Sun

**Flower:** Cheerful yellow blooms, long lasting prolific flowering

**Comments:** Butterfly nectar plant, deer resistant, drought tolerant, easy care



## **‘Fashionably early Flamingo’ Phlox**

Plant Specifications: \$16.00 each **OR 4” pots for \$10.25 each (8 pack for \$80.00)**

**Botanical Name:** Phlox Hybrid ‘fashionably early flamingo’

**Zone:** 4-8

**Height Average:** 3-4ft

**Average Width:** 2-3ft

**Habit:** Perennial

**Culture:** Full Sun, will tolerate part shade

**Flower:** ‘Fashionably Early Flamingo’ is a taller variety of Hybrid Phlox that will work best for the middle to back of the border. In addition to being early blooming, it boasts a long season of color. Perfectly defined panicles of light lavender pink flowers bloom prolifically well into midsummer with some rebloom in fall. Broad, thick, bright green foliage stays beautiful all season.

**Comments:** Butterfly nectar plant, mildew resistant



## **‘Bubblegum Pink’ Phlox**

Plant Specifications: \$16.00 each **OR 4” pots for \$10.25 each (8 pack for \$80.00)**

**Botanical Name:** Phlox Hybrid ‘bubblegum pink’

**Zone:** 4-8

**Height Average:** 1-2ft

**Average Width:** 1-2ft

**Habit:** Perennial

**Culture:** Full Sun, will tolerate part shade

**Flower:** brings large cone shaped clusters in bright ‘bubblegum pink’ color. Blooms summer thru Fall

**Comments:** Butterfly nectar plant, hummingbird attractor, mildew resistant





## **'Big Time Blue' Lavender**

[Plant Specifications: 4" pots for \\$10.25 each \(8 pack for \\$80.00\)](#)

**Botanical Name:** Lavandula 'big time blue'

**Zone:** 5-9

**Height Average:** 12-24"

**Average Width:** 12-16"

**Habit:** Perennial

**Culture:** prefers Full sun

**Flower:** Blooms throughout Summer

**Comments:** Deer resistant, rabbit resistant, drought tolerant, Heat tolerant



## **'Autumn Gold' Helianthus**

[Plant Specifications: 4" pots for \\$10.25 each \(8 pack for \\$80.00\)](#)

**Botanical Name:** Helianthus dwarf 'autumn gold'

**Zone:** 4-8

**Height Average:** 2-2.5ft

**Average Width:** 2-2.5ft

**Habit:** Perennial

**Culture:** Full Sun, will tolerate part shade

**Flower:** Once Fall arrives, the plants are completely covered with golden-yellow flowers until hard frost.

**Comments:** Butterfly nectar plant, mildew resistant. A wonderful addition to the perennial garden. Narrow, dark-green leaves give the plant a shrub-like appearance during Spring and Summer. Once Fall arrives, the plants are completely covered with golden-yellow flowers until hard frost.



## **'Karl Foerster' Calamagrostis**

[Plant Specifications: 4" pots for \\$10.25 each \(8 pack for \\$80.00\)](#)

**Botanical Name:** Calamagrostis 'Karl Foerster'

**Zone:** 4-7

**Height Average:** 3-5ft

**Average Width:** 1.5-2.5ft

**Habit:** Perennial

**Culture:** prefers Full sun

**Flower:** Ornamental grass with purple/pink cone fluffs - provides color nearly year round

**Comments:** Low maintenance, reward winning perennial plant of the year (2001)



**--Here Up, mix & match 4" pot varieties, 8 pack \$80.00--**

## **Aster 'Woods Blue'**

Plant Specifications: \$18.00 each

**Botanical Name:** Aster 'woods blue'

**Zone:** 4-8

**Height Average:** 8-12"

**Average Width:** 12-16"

**Habit:** Perennial

**Culture:** Full Sun

**Flower:** The rich, gentian blue flowers with yellow centers of Aster Woods Blue provide a spectacular show in a sunny cottage garden. Nice clean, fine-textured foliage all season.

**Comments:** Butterfly nectar plant, very round mounding, Blooms late Summer to Fall – perfect for migratory monarchs!



## **'Grand Cascade' Butterfly Bushes**

Plant Specifications: \$18.95 each

**Botanical Name:** Buddleia 'Grand Cascade'

**Zone:** 5-9

**Height Average:** 5-6ft

**Average Width:** 7-8ft

**Habit:** Perennial

**Culture:** Full Sun, will tolerate part shade

**Flower:** Vibrant & fragrant blooms Summer through Fall

**Comments:** Butterfly nectar plant, deer resistant, rabbit resistant



## **'Prince Charming' Butterfly Bushes**

Plant Specifications: \$18.95 each

**Botanical Name:** Buddleia 'Prince Charming'

**Zone:** 5-10

**Height Average:** 3-5ft

**Average Width:** 3-5ft

**Habit:** Perennial

**Culture:** Full Sun, will tolerate part shade

**Flower:** Vibrant & fragrant blooms all Summer

**Comments:** Butterfly nectar plant, deer resistant, rabbit resistant



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